



PALLIATIVE CARE ASSOCIATION OF MIRI CHARITY RUN FOR LOVE ENTRY FORM 2018

Date:	19 th August 2018, Sunday	Assemble Time:	5:30 a.m.
Venue:	Marina Park City, Miri	Flag off Time:	6:00 a.m.
Categories: (Mark √ against your category)	(A) Men Open	<input type="checkbox"/>	10 KM <input type="checkbox"/>
	(B) Women Open	<input type="checkbox"/>	
	(C) Boys Junior	<input type="checkbox"/>	5 KM <input type="checkbox"/>
	(D) Girls Junior	<input type="checkbox"/>	
	(E) Fun Run 3 KM		<input type="checkbox"/>
Full Name (as per I/C)		Age
Contact Number	Gender (M / F)	
Emergency Contact:		Name of Person	

UNISEX T-Shirt Size (Mark "√" against your size)

XS (34-36)	<input type="checkbox"/>	S (36-38)	<input type="checkbox"/>	M (38-40)	<input type="checkbox"/>	L (40-42)	<input type="checkbox"/>	XL (42-44)	<input type="checkbox"/>	XXL (44-46)	<input type="checkbox"/>
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DECLARATION

WAIVER CLAUSE	
<i>I hereby agree to abide by the Rules and conditions of the race and certify that the particulars above are true and correct. I am entering the competition at my own risk and shall not hold any of the organizers responsible for any accident, injury, death or loss of property that was caused before, during or after the competition. I also declare that I am medically fit to undertake such activity.</i>	
Signature:	Date:

AUTHORIZATION BY PARENT/GAURDIANS OF PARTICIPANTS BELOW 18 YEARS	
I..... Parent / guardian of the above named participant do hereby authorize his / her participation in the race.	
Signature:	Date:

Please submit to Palliative Care Association of Miri. Acc. No.: Maybank 5111 8632 6521

For Official Use			
CASH / CHEQUE		Receipt No.	
Name of Participant		Received by (Name)	
Date		Signature:	



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Rules & regulations

1. Organizer : **Palliative Care Association of Miri**
 Date : **Sunday, 19TH August 2018**
 Assemble Time : **5:30 a.m.**
 Flag off Time : **6:00 a.m.**
 Start / Finish venue : **Marina Park City, Miri**
2. Entry Rules:
 - a) The registration for the event is open to Malaysians and foreigners with a valid passport
 - b) All entries **MUST** be on the prescribed form. Entry form can be downloaded from PCAM web page (<http://www.palliativecaremiri.org/>).
 - c) Hard copy of Entry form is also available at **Palliative Day Care Centre, at No. 406, Jalan Taman Piasau Edar, Piasau Garden, Miri.**
 - d) Form has to be accompanied with entry fee of **RM60.00**. Children below 4 years old are allowed with **FREE*** registration.
 - e) Payment method:
 - i) Palliative Day Care Centre,
 - ii) Bank in to Palliative Care Association of Miri, Maybank Account **511186326521**, Email to pcamrun4love@gmail.com with payment slip and payer detail, We are most thankful for generous donation.
 - f) Upon confirmation of participation, change to other category will **not be entertained**. Those who are found running with an unauthorized race tag will be **DISQUALIFIED**.
 - g) All registered participants will be issued a receipt as proof of registration and this should be produced during the collection of running tags and event T-shirt.
 - h) Registration starts **15th April 2018** and closing date for entry is **15th July 2018**.
 - i) Each participant will obtain a finishing medal upon completion of the run.
 - j) For those who are for whatever reason (s) unable to take part in the run, the entry fee **will not be refunded** or **transferable**.
 - k) The Organizer reserves the right to limit, accept or reject any entries without prior notice and reasons and or when the quota of a race / start is full.

3. Entry categories.

Code.	CATEGORY	AGE
A	Men Open	18 years old and above
B	Women Open	
C	Boys Junior	12 – 17 years old
D	Girls Junior	
E	Fun Run 3 KM	Open to all aged group. Junior runners aged 11 and below must be accompanied by at least one parent

Any questions or enquiries regarding the registration procedure please contact:
 Palliative Care Centre Hotline: +6016-924 6480 OR email: pcamrun4love@gmail.com

***Terms and condition apply**